



COVID-19 Retreat Season Protocols

Updated 1/6/2021

Stipulations

- We will always comply with guidelines from federal, state, and local health departments.
- We will maintain stringent cleaning protocols for all camp housing, equipment, and common spaces.
- We must continually monitor the health of all staff and guests when they arrive and throughout their time on-site.
- We will continually monitor the situation, if it changes, we will change our plans.
- We will strongly encourage and recommend that if guests are sick, they stay home.

Key Protocols

- We are following the suggested guidelines from the American Camp Association as well as national, state, and local health agencies.
- Allowing at least 24 hours between groups using a sleeping room to allow adequate time for cleaning and disinfecting.
- Following enhanced cleaning and disinfecting protocols of cabin spaces before and after groups and common areas daily.
- We will give more cabin space to allow them to physical distance.
- Maintaining physical distance from other groups on campus.
- Strongly recommending that groups have their participants monitor their health for 14 days before their retreat.
- Lutherdale will conduct daily temperature screenings for groups staying overnight on campus.
- Lutherdale staff will carry disinfectant with them to be used before and after guests use a camp area or equipment.

Check-In

- Strongly recommending that groups have their participants take and log their temperature for 14 days before their retreat.
- Guests will have their temperature taken as part of the check-in process.
- Lutherdale staff will wear masks when interacting with groups in indoor spaces to limit exposure.

Mask and Face Coverings

- Lutherdale recommends that guests bring a face covering to use when physical distancing is not possible.
- Masks are not to be worn when eating, participating in sports, swimming, or other strenuous activity or while sleeping as they restrict breathing.
- Mask should be worn when people are indoors, space is limited, or are face to face for 15 minutes or more.

Dining Hall

- All guests will be directed to wash hands before entering the dining hall.
- Guests will also receive hand sanitizer before and after eating.
- Lutherdale will assign tables for each group to use during their retreat and strongly encouraging outdoor seating when the weather allows.
- Each group will be assigned their tables for the session and tables will be placed to provide adequate space for physical distancing. Staggered mealtime may be utilized to increase space.
- Eating outside will happen to help increase physical distancing when the weather allows.

Food Service

- A special menu has been created to allow all meals will be prepacked and single-serve portions.
- We will limit the contact with food to only the kitchen staff. There will be no self-serve salad bar or drink machines for this season.
- Dietary needs will be addressed to the best of our ability, however, Lutherdale needs to be informed at least 7 days before the group's arrival for the dietary needs to be met.

Health Care

- Guests are responsible for their health care needs and emergency transportation.
- Lutherdale has staff certified in First Aid and CPR who can assist in an emergency.

Camp Life

- Groups will be treated like households, guests will be able to mingle within their group, but will continue to physical distance from other guest groups.
- We recommend that guests spread out in the cabins when possible.

Challenge Course

- All gear (harnesses, ropes, and carabiners) will be rotated and given at least 24 hours between groups.
- Harnesses and ropes will be placed outside before groups use them to allow for natural disinfecting.
- Helmets will not be shared by participants if possible, when this is not possible, helmets will be disinfected between each participant.
- Groups will not be booked back to back to allow time for cleaning and disinfecting.

Activity Areas

- All groups are encouraged to wash hands before arriving at each activity area. If another group is still using the activity area, groups will wait at an appropriate distance.
- Equipment will be cleaned and disinfected by staff between each group. When possible, program equipment will be disinfected between each use.

Cleaning and Disinfecting

- Recommended methods for typical cleaning procedures include two-stage cleaning and disinfecting. "Cleaning" entails washing with a detergent and water to remove soil, organic matter, and some microorganisms from a surface. Following a detergent and water wash, "Disinfecting" entails the use of a U.S. Environmental Protection Agency (EPA)-approved disinfectant that must be applied following the product's manufacturer guidelines.
- Communal Spaces - Cleaning and disinfecting communal spaces daily, and when possible cleaning and disinfecting communal spaces between groups.
- Frequently Touched Surfaces - Cleaning and disinfecting frequently touched surfaces and common spaces daily and when possible cleaning and disinfecting frequently touched surfaces and common spaces multiple times daily.
- Toilets, Showers, Restrooms - As with other frequently touched surfaces, toilets, showers, and restrooms are cleaned and disinfected daily and when possible more than once per day.
- Lutherdale staff will carry disinfectant with them to be used before and after guests use a camp area or equipment. Example: disinfecting a picnic table before sitting for craft time, disinfecting equipment before starting a game.