



Lutherdale 2020 Summer Camp Registration Packet



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Please read the follow information regarding new protocols and procedures we are putting into place for this summer in light of COVID-19.

- **Large Plastic Tote** - We suggest packing for camp in a large plastic tote (storage bin). Plastic is much easier to disinfect than porous surfaces such as cloth. Lutherdale staff will be disinfecting camper luggage with EPA-approved disinfectants before taking it to the cabins.
- **Mask or Face Covering** - Lutherdale is NOT requiring campers to wear mask, we are recommending that campers bring a face covering to use when physical distancing is not possible. If parents would feel more comfortable wearing face covering on arrival or departure day they are welcome to do so. Masks are not to be worn when participating in sports, swimming or other strenuous activity or while sleeping as they restrict breathing. Lutherdale staff will be wearing masks during camper check-in and check-out to limit exposure.
- **Hand Sanitizer** - Lutherdale has hand sanitizer dispensers installed in many locations around camp. Campers and staff will be encouraged to use it often. If campers would like to bring a small bottle for personal use they are welcome to do so.
- **Reusable Water Bottle** - While this is a staple at camp, this summer it is going to be imperative. Hydration is very important to keep campers healthy. To reduce "touch points" around camp we will not be using disposable cups this summer.
- **Trash Bag** - We suggest that parents/guardians transport camper sleeping bags and pillows home in a large trash bag. Lutherdale staff will disinfect camper luggage at the end of each session. We are unable to launder camper bedding before departure.

Suggested Packing List

Here is a list of what to bring to camp. While the items are "suggested," we've found these items to be important.

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| o Bible | o Pajamas | o Closed Toed Shoes
(for Ropes Course) |
| o Pen/Pencils/Notebook | o Socks and Underwear | o Swimsuits & Beach Towels
(Bring modest, camp appropriate swimsuits or trunks.) |
| o Flashlight | o Personal Toiletries (soap, shampoo,
deodorant, toothbrush/paste, comb, etc.) | o Aqua footwear (See Waterfront safety
section) |
| o Water bottle | o Bath towels | o Pillow, Sleeping bag, or sheets and blankets |
| o Rain Gear | o Sunscreen! SPF 15+ | |
| o Shorts and T-shirts | o Insect Repellant | |
| o Long jeans/pants | o 1 WHITE T-SHIRT FOR TIE-DYE CRAFT | |
| o Sweatshirts | | |

Optional things to bring:

- o Extra bath towels
- o Camera (Please Label)
- o Team Sports Equipment (glove, balls, frisbee)
- o Hat
- o Sunglasses
- o Guitar / Musical Instrument
- o Stuffed Animals
- o Cards/ Games for Cabin Time
- o Swim Shoes or Flip Flops
- o Dirty Clothes Bag

Leave at Home:

- X Expensive or Irreplaceable Items
- X Cell phones and Video Games
- X Electronic devices including laptops, tablets, and I-pods
- X Weapons (knives, guns, martial arts, guns, etc.)
- X Illegal Drugs, Tobacco, Vape Pens, or Alcohol
- X Non-team sports equipment, i.e skateboards
- X Fireworks
- X Pets
- X Hairdryers & Curling irons
- X Chewing gum, Candy, or Food

Retreat Center Guests: Adults & Families

This summer, Lutherdale will not be providing bedding or linens to guest. Please bring your own pillow, sleeping bag, sheets, blankets and towels.

Overnight Camp Packing Tips

Gathering and packing everything you'll need for sleepaway camp is part of the fun! Here are a few tips and some advice about what to bring for your stay at Lutherdale.

Label Everything

Permanently write, or better yet, use sewn or ironed-on labels that include the first and last name.

Don't pack anything of value

Things do get lost, damaged, and/or borrowed while at camp. Old t-shirts, sweatshirts and shorts are quite the style at camp!

Think layers

Even in the peak summer months, mornings and evenings can be chilly.

Gearing up for Camp

The Lutherdale store is available online and has the latest Lutherdale gear for you to purchase, to make sure you arrive at camp in style. Due to changes in the check-in and check-out process for this summer, the camp store will not be open on arrival and departure days. Campers will have an opportunity to visit the camp store during their session.

Special Note about Cell Phones

Campers are not allowed to have cell phones at camp. While it may seem counter-intuitive, we have found that campers who bring cell phones have a harder time adjusting to camp life and can have more difficulty with homesickness. A large part of camp is learning to be independent and you can help your camper succeed by making sure they do not bring a cell phone.

Health Care

Lutherdale's Health Care Manager is responsible for managing the health concerns for the entire camp. The care we give includes dispensing of medication and addressing medical emergencies. Lutherdale is governed by Wisconsin State Law and American Camp Association (ACA) Standards. The laws of the state and the ACA standards obligate us in the dispensing of medications. We can only dispense prescription medication as it is written on the accompanying prescription bottle. Please bring medication in its original bottle. If the prescription has changed, please have your doctor or pharmacist indicate this. We can only dispense medications that are prescribed to the camper by a physician.

To minimize the number of over the counter medications brought to camp, we stock, and can supply the following: Tylenol, Benadryl, Sudafed, Cough Syrup, Caladryl, Tums, Cough drops, Hydrocortisone cream, and Neosporin. Great care is taken in the use of any and all drugs to promote the best health of everyone in camp.

We only administer ibuprofen if you have indicated that it is OK on the camper's health form. Lutherdale follows a set of standing order procedures that are reviewed on an annual basis by a physician. If your child has a special medical condition or need, please let us know before they come to camp so we can prepare for them. Please feel free to call the camp if you have any questions or concerns.

Additional Health Care Protocols for 2020 Daily temperature checks will be conducted throughout each session. In the event that a camper or staff is found to have a fever of 100.4 degrees or higher, they will be quarantined and evaluated for further sickness. Temperature will be retaken after 30 minutes, if a fever is still present the campers' guardians will be called and pick arrangements will be made as soon as possible.

Quarantine and Isolation rooms will be available and separated from the Health Care Office.

If a camper or staff in your camper's cabin is suspected to have COVID-19 symptoms and is sent home you will be notified. The remaining campers will move to a different cabin that has been cleaned and disinfected.

Waterfront Safety

At the Lutherdale waterfront, there are zebra mussels, small, clam-like animals that cling to hard submerged surfaces. The shells of these animals are sharp and can cause cuts on unprotected skin. We are suggesting that all campers plan to wear shoes of some kind while in the lake: sandals, aqua socks, or old tennis shoes. This will reduce the risk of injury to the camper, as well as help us coexist with the mussels.

SUMMER 2020 THEME: Hope In The Unknown

Hebrews 11:1 "Now faith is the assurance of things hoped for, the conviction of things not seen"

This summer we will focus on two stories that demonstrate how God does not give up on us, even when we are unsure about the future. From these stories, we can learn how to trust God and have hope in times of unknown. The first story is from Jonah, detailing Jonah's journey of answering God's call to preach in Nineveh. God has patience and even though Jonah did not understand this, he was led through the unknown to spread hope to others that God still cares. The second story is from Genesis, which describes the story of Joseph and his brothers. Joseph's story is strong evidence for how God works through the unknowns. Even though bad things did happen to Joseph, he held his faith and hope, and God provided. Through all of our hardships, may we continue to praise God for what God has given us and have hope and faith that God will continue to provide for us in this time of unknown.

Tower & Zip Line

This summer, all campers will have the option to participate in the High Challenge Course or Climbing Tower at no addition cost. Cabin groups will decide which elements they would like to have open during their Challenge Course Activity Rotation. **Campers will need to fit safely into one of our harnesses to participate.**

Camp Store

The deadline to add money to camp store accounts online 4 days before their scheduled session. We recommend that each camper has at least \$5 in their camp store account. Most campers bring around \$30. Campers will be given time during their session to purchase a drink, candy, healthy snacks, ice cream, and clothing. Campers are limited in the number of consumable items purchased at each visit. Campers may not keep any food items or cash in their cabins.

Lutherdale Camper Offering

Campers will be given an opportunity to give a portion of their camp store money to support and strengthen Lutherdale's ministry. We feel it is important for both adults and youth to have the opportunity to give something back to a God that has shown so much love. It's amazing what a \$.25 or \$2 offering can do when placed in God's hands.

Directions to Lutherdale:

Lutherdale is located on the west side of US Highway 12/State Road 67, about 10 miles southeast of Whitewater and 8 miles north of Elkhorn, WI. Maps are available on the web at www.lutherdale.org.

From Milwaukee I-43 South to Hwy 20 West, to Hwy 67 South
From Madison Hwy 12 East

From Rockford I-90 North to I-43 East to Hwy 12 West
From Chicago I-94 North to Hwy 50 West to Hwy 12 West