



50 Forward

50 Forward Celebration Day

Tuesday, May 12, 2020

9:30 am - 4 p.m.

Only \$25 per person

includes a wonderful lunch prepared by Lutherdale's Chef Mike.

OUR KEYNOTE SPEAKERS AND TOPIC

How does God guide us to care for our body and spirit?

Join us for an experiential presentation from the creators of **Come Alive!**

Our Audience will be Participants!
You Will...

- Discover spiritual practices to strengthen your relationship with God
- Eat delicious natural whole foods that naturally reduce inflammation
- Experience activities that bring a more peaceful rhythm to daily life
- Be encouraged & encourage others as Christian believers on your wellbeing journey



Angela Stephenson
Come Alive! Program Developer



Maryanna Kyle
Come Alive! Program Developer

Come Alive! is a Christ-led small group Bible study program built upon 3 Bible-based principles: Seek God First, Love & Be Loved, and Honor God with Your Body. It's faith-led and science based. A successful study of a pilot program is published in a CDC journal. Learn how to bring Come Alive! to your small group at www.LivingAbundantlyMinistries.org
Join the movement to connect faith and health!

- ▶ The Lutherdale staff will get you up and moving with music and team building activities.
- ▶ Break out session with the key-note presenters to join in more in-depth conversations
- ▶ Ever considered being a bee keeper? Join Executive Director Jeff Bluhm at the bee hives to learn what bee keeping is all about.
- ▶ The food is always a hit at Lutherdale. Participate in a hands on learning experience with Chef Mike and get a recipe to take home.
- ▶ And More!

Join us as we celebrate Elderhood!

_____ **50 Forward Celebration Day** \$25 fee due with registration

Name _____ Phone _____
 Address _____ E-Mail _____
 City _____ ST _____ Zip _____
 Special Needs _____

Check Cash Visa/MasterCard/Discover

Credit Card # _____ 3 Digit Code on back _____ Exp. date _____ Signature _____

Return Payment to: Lutherdale Travel, N7891 US Hwy 12, Elkhorn, WI 53121

Call office at 262-742-2352 or email info@lutherdale.org for more information