



Dietary Needs Form

At Lutherdale, we strive to deliver a great dining experience for every guest, and in today's world that often means accommodating certain dietary needs. We are happy to assist you with any dietary restrictions or food allergies you may have. Some special items may incur an additional charge. **Please understand that Lutherdale cannot accommodate all individual choice dietary request (paleo, south beach, etc.)**

While we make every effort to ensure your meal will be allergen free, we cannot guarantee this as airborne contaminants may exist, or due to manufacturer substitution beyond our control. As a matter of health and safety, guests with special diets (particularly those with allergies) should speak with their dining server at each meal to confirm that their needs have been met.

In an effort to serve you best, could you take a moment and complete the following form. Once it is complete, we ask that you submit it to Lutherdale **2 weeks prior** to your visit, all late requests will be addressed on a case by case basis. Lutherdale will make every attempt to meet all special dietary and food allergy needs but cannot guarantee foodservice for all food allergies/request.

Only those with Dietary Request need to fill out and return this form.

Please email this form to info@lutherdale.org and mike.seeley@lutherdale.org. You may also fax the form to #888-248-4551. Additional copies may be found on our website, www.lutherdale.org. If you have questions please call 262-742-2352.

Name _____

Retreat Name _____

Email _____

Phone Number _____

Dates of Stay _____

Intolerances/Allergies (Check all that apply)

- Vegetarian
- Vegan
- Gluten Free
- Dairy Free
- Diabetic
- Other

If other intolerances or allergies, please explain:

Vegetarians/Vegan check all that you can eat

- Fish
- Eggs
- Dairy
- Other

Lactose Intolerant check all that apply

- Cannot eat any dairy products
- Lactose intolerant but can eat butter
- Lactose intolerant but can eat cheese

If other, please explain:

Food allergies (check all that apply) Lutherdale is a peanut free site.

- | | | | |
|--|------------------|------------------------------|-----------------------------|
| <input type="checkbox"/> Peanuts | Life Threatening | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| <input type="checkbox"/> Other nuts | Life Threatening | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| <input type="checkbox"/> Eggs | Life Threatening | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| <input type="checkbox"/> Seafood/Shellfish | Life Threatening | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| <input type="checkbox"/> Other _____ | Life Threatening | <input type="checkbox"/> Yes | <input type="checkbox"/> No |