



# Program Guide for On-Site Day Camp



Lutherdale is excited to welcome your camper for a week of life-changing adventure and programming this summer! As we prepare to create a safe, fun, and memorable experience for all our summer guests, we want to share some important details to help your preparation go smoothly. Thank you for making camp at Lutherdale a priority for your family!

Blessings,

Grace Crevier  
Program Director  
[grace@lutherdale.org](mailto:grace@lutherdale.org)  
(262) 949-2284

# REQUIRED FORMS & REGISTRATION OPTIONS

The following information MUST BE completed at least 7 days before your camper's session begins. We encourage you to complete this information now. Please login to your online account accessed via Lutherdale's website [www.lutherdale.org](http://www.lutherdale.org) On your dashboard, select your camper under CAMPERS Section.

1. Locate the section titled MEDICAL. Complete the three required categories **ALLERGIES, MEDICATION, & OVER THE COUNTER MEDICATION**. Please note, this information will also be collected on the PARTICIPANT HEALTH HISTORY form. It is required to be completed in **both** locations.
2. Locate the section titled FORMS. FORMS contains three separate tabs for Online Forms, Download Forms, and Upload Forms.
3. Locate the section titled OPTIONAL ITEMS. Update the Cabin Mate request, if desired.

## Online Forms

Please review and complete all forms listed 7 days before arrival to camp.

- **Summer Participant Sign-Out Authorization**
- **Youth Summer Participant Health History** - In the case of an emergency, if we are unable to reach either parent/guardian, the next contact will be the Emergency Contact. Please ensure that the Emergency Contact information is someone OTHER than a parent/guardian.
- **Youth Summer Participant Waiver**
- **2023 Food Service Questionnaire**
- **Camper Profile**

## Cancellation Policy

If you need to cancel, there is a \$100 non-refundable deposit. Anything else will be refunded to your payment method on-file.

## Healthy Camp Begins & Ends at Home

Here are some things you can do to help your child have a great experience at Lutherdale.

1. **If your child has mental, emotional, or social health challenges, please contact Lutherdale to fill out a MESH form.** Proactively discussing Lutherdale's ability to accommodate your child and advance communication can help minimize potential problems and facilitate a positive camp experience for your child.
2. **Gluten-Free, Dairy-Free, Vegetarian, and Vegan Meal Plans** are available for an extra \$2 per meal. This option is not a la carte. When selected in REGISTRATION under the button SUB PROGRAMS, ALL camper meals follow the selected meal plan. Should your child need a particular meal plan because of intolerances or food allergies, please make sure you have noted them in the FORMS on the [2023 Food Service Questionnaire Form](#) of the participants account. If you have any additional concerns, our chef is happy to discuss the menu with you in advance.

3. Closed-toe shoes are required at Lutherdale except when at the waterfront or in the cabin. Closed-toe shoes help campers avoid slips, trips, and falls that can result in injuries such as sprained ankles.
4. Talk with your child about telling their cabin leader or healthcare coordinator about problems or things that are troublesome at camp. Camp staff are here to be helpful in facilitation of activities, care of camper emotions, and coping strategies for homesickness. These caring adults can't be helpful if they don't know about the problem - so encourage your camper to talk to them.
5. Want to learn more? Talk with Lutherdale Summer Staff directly! We want you to have the best camp experience possible. Contact us by phone at (262)742-2352 or [info@lutherdale.org](mailto:info@lutherdale.org)

## FINAL PAYMENTS, ADD-ONS, AND CANTEEN

In your online account, in the \$ FINANCIAL Section, you are able to add money to your camper's camp store account, make a donation to Lutherdale, and/or make and complete your payment for summer camp. Click on the MAKE A PAYMENT button. Final payment for summer camp must be completed at least 7 days before your campers session begins.

If your camper is interested in the following items, log into your online account and locate the section titled REGISTRATION under the participants profile. This section lists the program(s) the participant is registered for. If applicable, the following options will be available for your camper to select. Click on the button titled SUB PROGRAMS. These items must be added at least 7 days prior to your camper's session.

- Tower & Zip line: Lutherdale's 40-foot climbing tower and 400-foot zip line is available for campers during their session of camp. The program is limited to those attending a Full Week program and whom can fit safely into one of our harnesses. (We do have XS-XXL harnesses). Cost is \$15 per person for 1 session. The Tower and Zip Line are included free of charge for Confirmation Camp.
- Meal Plans: Gluten-Free, Dairy-Free, Vegetarian, or Vegan Meal Plans are \$2 extra per meal. This option is not a la carte. When selected, ALL camper meals follow the selected plan.
- Activity Fees: If you see that there is an activity fee on your camper's account, this is part of the programming for the week, and is not optional. This payment is used to purchase special materials for the week.

### **Canteen:**

The Canteen (camp store) is open once a day for campers to purchase drinks, snacks, and clothing or other novelty items. Gluten Free and Dairy free items will be available. Campers are limited to the number of food/drink items they can buy at each canteen time and are not able to keep any food items or cash in their cabins.

During check-in, families will have the opportunity to add money to their canteen card. Money can also be added online, up to 14 days before your arrival day, through your registration account. We recommend adding \$20-40 in the canteen per camper. Clothing is \$15-40 per item and snacks are drinks are \$2-3. Balances remaining at the end of the week will be returned to the camper in cash.

# ARRIVAL & DEPARTURES - CHECK-IN & CHECK-OUT

## CHECK-IN

Check-in for On-Site Day Camp will happen in the Pavilion adjacent to the Parking Lot. Check-in will happen from 8:15 am to 8:30 am. Campers cannot be dropped off before check-in time.

During Check-in, please have any prescription medications needed in their original containers, in a zip lock bag and ready to be given to the Lutherdale Healthcare Coordinator. All camper medication must be turned in during check-in DAILY.



If you need to arrive later than the scheduled time, please contact the office at (262)742-2352 or [info@lutherdale.org](mailto:info@lutherdale.org).

## CHECK OUT/PICK UP

Campers will only be released to an adult authorized by the Parent/Guardian, indicated on the 2023 Summer Participant Sign Out Authorization Form which is found in the camper's online account. The authorized adult will be required to sign a check-out form with the cabin leader before the camper may leave camp.

Camper pick-up will be from 4:30 to 4:45 pm, Monday through Thursday in the Pavilion. Camper parents are encouraged to stay in their vehicle until the pick-up time. Please keep in mind, pets are not allowed on Lutherdale's campus; if brought, they must stay inside vehicles. Smoking is also not allowed on property.

Campers may need to leave a session early for a variety of reasons. Parents/Guardians will indicate the intention to leave camp early via the online form 2023 Summer Participant Sign Out Authorization within the camper's account. Parents/Guardians must include information such as whom is authorized to pick up the camper, as well as the date and time of the early check out. Campers will be picked up at the Camp Office and must be signed out.

## Directions to Camp:

Lutherdale is located on the west side of US Highway 12/State Road 67, about 10 miles southeast of Whitewater and 8 miles north of Elkhorn, WI. Please note, during Summer 2022 there WILL be road construction on Hwy 12 between Lake Geneva & Elkhorn.

From Milwaukee: I-43 South to Hwy 12 West, to Hwy 67 South

From Madison: Hwy 12 East

From Rockford: I-90 North to I-43 East to Hwy 12 West

From Chicago: I-94

\*Please note that some GPS apps route vehicles to a back gate on Lauderdale Dr. This entrance is not open. All vehicles should enter using the main entrance to camp, directly off of Hwy 12, marked with a large Lutherdale sign.\*

# OTHER IMPORTANT INFORMATION

## CONTACT WITH HOME

At camp, we create a sacred place apart where campers are removed from distractions of their everyday lives. We focus on developing a close Christian community with those around us. Taking a break from technology is an important and intentional part of creating that community. We understand that cell phones provide you and your camper with security and comfort of unimpeded contact anytime, anywhere. We're offering some alternative communication to cell phones for you and your camper!



## MAIL

There is nothing better than a letter from home when you are away at camp. Please use the addresses at the bottom of the page for postal mail. Please make sure your camper's mail is postmarked by Tuesday if your camper is attending a full week of camp. You are also welcome to bring letters or a small care package and turn them in at check-in. Staff will give them to your camper throughout the week.

Campers can mail letters or postcards out daily from camp so feel free to send pre-addressed, stamped envelopes along to encourage their letter writing home to you, family, and friends.

Please mail them to:

Camper Name  
Lutherdale  
N7891 US HWY 12  
Elkhorn, WI 53121

## EMAIL YOUR CAMPER

We offer a one-way email service to connect with your camper during their time at camp. We monitor and print these emails, then deliver them once a day. Please note that campers are not able to send a return email.

In your camper account, you will have an option to sign up for 'one way communication' in the lower left corner of your dashboard screen. You may send unlimited emails to your camper, Monday through Thursday. The fee is \$5 per participant. Please note that emails through Campwise will be able to be read by some staff as they print and distribute the messages to the campers.

We make our best effort to see that your camper receives their email notes in a timely fashion. We hand out mail/emails once a day at lunch. Due to camp programming, we cannot guarantee emails will be delivered the same day they are sent.

## CAMP TO HOME CONTACT

We will use phone numbers or emails listed on the health and registration forms in order to contact families if needed throughout the week. In case of severe weather, the Program Director will post updates on Facebook and email families directly as circumstances allow. Communication may be delayed as Camp Directors are needed to tend to camper safety.

# OTHER IMPORTANT INFORMATION



## HOLY TRINITY, WHOLLY LOVE

Our Summer 2023 Camp Theme is Holy Trinity, Wholly Love. Wading into the mystery of the Holy Trinity can be a daunting endeavor. But that is precisely what we are going to do this summer. We enter together into the wonder and truth of the Trinity to know God more fully and know ourselves more wholly. So, how do we even begin? Where do we start our journey into our understanding of the Trinity?

With 1 John 4:7-16 as our guiding text, this curriculum explores the Holy Trinity through the whole scope of God's love expressed from start to finish. The totality of love in and through the Holy Trinity is beyond any mathematical equation. This summer we set our calculators aside and explore the mystery of God through the formula of love—a love freely gifted to all of us!

## WATERFRONT SAFETY

At the Lutherdale waterfront, there are zebra mussels, small, clam-like animals that cling to hard submerged surfaces. The shells of these animals are sharp and can cause cuts on unprotected skin. We are suggesting that all campers plan to wear shoes of some kind while in the lake: sandals, aqua socks, or old tennis shoes. This will reduce the risk of injury to the camper, as well as help us coexist with the mussels.



# OTHER IMPORTANT INFORMATION

## HEALTH CARE

Lutherdale's Health Care Manager is responsible for managing the health concerns for the entire camp. The care we give includes dispensing of medication and addressing medical emergencies. Lutherdale is governed by Wisconsin State Law and American Camp Association (ACA) Standards.

**The laws of the state and the ACA standards obligate us in the dispensing of medications. We can only dispense prescription medication as it is written on the accompanying prescription bottle.** Please bring medication in its original bottle. If the prescription has changed, please have your doctor or pharmacist indicate this. We can only dispense medications that are prescribed to the camper by a physician. To minimize the number of over the counter medications brought to camp, we stock, and can supply the following: Acetaminophen, Phenylephrine decongestant, antihistamine, diphenhydramine antihistamine, sore throat spray, Calamine lotion, Laxatives for constipation, Ibuprofen, Pseudoephedrine decongestant, Antacids, Hydrocortisone cream, eye drops, Guaifenesin cough syrup, Dextromethorphan cough syrup, generic cough drops, antibiotic cream, aloe, Bismuth subsalicylate for diarrhea. Great care is taken in the use of all drugs to promote the best health of everyone at camp.

Lutherdale follows a set of standing order procedures that are reviewed on an annual basis by a physician. If your child has a special medical condition or need, please let us know before they come to camp so we can prepare for them. Please feel free to call the camp if you have any questions or concerns.

## STILL HAVE QUESTIONS?

With any questions about camp, please contact the camp office at (262) 742-2352 or email [info@lutherdale.org](mailto:info@lutherdale.org).



# PACKING LIST FOR ON-SITE DAY CAMP

## PACKING TIPS

- Pack layers of clothing for your camper. Even in the peak summer months, mornings and evenings can be chilly.
- Permanently write, or better yet, use sewn or ironed-on labels that include the first and last name of your camper on EVERYTHING.
- Things do get lost, damaged, and/or borrowed while at camp. Don't pack anything of value. Old t-shirts, sweatshirts and shorts are quite the style at camp!
- Packing a reusable water bottle for use at camp is imperative; hydration is very important to keeping campers healthy. We prefer that campers bring water bottles that have a removable drinking spout/top for refilling.

## PACKING LIST\*

**\*Please put these items in a backpack to be carried during the day**

- Reusable Water Bottle
- Bible
- Sunscreen - **Label with Name**
- Insect Repellent - **Label with Name**
- Closed toe shoes - Required
- Swimsuit and Beach Towel
- Extra change of clothes
- Sweatshirt
- Swim Shoes
- Prescription Medication (please pack all medication(s) – MUST be in original containers - into a separate ziplock bag for check-in)

## LEAVE AT HOME

- Expensive or Irreplaceable Items
- Cell Phones, Smart Devices, & Video Games
- Electronic Devices including Tablets & I-pods
- Non-Team Sports Equipment, i.e. Skateboards
- Fireworks, Weapons, or drugs/alcohol
- Pets
- Hair Dryers, Straighteners & Curling Irons
- Chewing Gum, Candy, and Food

## OPTIONAL ITEMS

- Camera (Please Label)
- Hat
- Sunglasses

**Special Note about Cell Phones & Smart Devices-** Campers are not allowed to have cell phones or smart devices at camp. While it may seem counter-intuitive, we have found that campers who bring cell phones or smart devices have a harder time adjusting to camp life and can have more difficulty with homesickness. An important aspect of camp is learning to be independent; you can help your camper succeed by making sure they do not bring a cell phone or smart device. Any devices discovered at camp will be kept safe in our office and given to the Parent/Guardian at camper check-out.

If you need to contact your camper while they are at camp, Parents/Guardians may call our Office at (262) 742-2352.